

Autism and Homoeopathy

Autism Spectrum disorders(ASD) are Pervasive developmental disorders(PDD) which affect males predominantly. *The National Autistic Society, UK defines Autism as "A lifelong developmental disability that affects the way a person communicates and relates to people around them. Children and adults with autism have difficulties with everyday social interaction. Their ability to develop friendships is generally limited as is their capacity to understand other people's emotional expression."*

I was called to see an Adolescent of 17yrs Mr A , who is labelled as Autistic, at his premises since he was afraid of doctors and got agitated on seeing strangers. He did not believe that am a family friend and was angry. **Symptoms** noted were:

Banging the door, and barging in out of the room vehemently.

He was very restless wriggled his fingers constantly, grunting.

He could not sit down, if sits rocks constantly.

Had a frail look and had unkempt hairs. He is Sensitive to haircut and to shaving.

Defiant, at times bites if his wish is not obliged; at this point he wanted to go to terrace.

Personal History

Appetite: Eats at odd hours sometimes at 1.30Am Diet-Vegan- No eggs. Likes- Hot+, but very careful. Sweets+++ .Milk++ .Frequent in digestion treated with probiotics.

Sleep: Sleeps Late, after 12.00 Am even at 3.00am wants food. Sleeplessness leads to Headaches.

Bowel and Bladder Movements: Occasional Loose Motions due to sweets and Milk.

Perspiration: Moderate to heavy, On forehead ,nose etc.

Thirst: Increased.

Past History: Born out of LSCS due to breech presentation and gulping of Amniotic fluid.

He was on artificial feeds. He had frequent loose motions in infancy, due to milk allergy.

He was diagnosed as Autistic at the age of three due to delay in speech.

He had febrile convulsions at the age of 8 years.

He was also diagnosed as having Chari Malformation.

Additional information: Was going to Special school and advanced very well but stopped in 2005 due to compelling him to sit down by some teacher. At the age of three used to sing' Baba black sheep', used to speak and now stopped everything. Very affectionate towards mother wants her around always or else grandmother will do. He feels jealous about his younger brother. Usually he is on his own, yet very restless. Has been on all recommended diets like Gluten-Caeisin free diet, on

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antifungals like Nystacin, on Prozac, Tegretol, etc but each of them actually worsened his troubles says his Father.

Treatment given

24\9\2012	Belladonna 6c od\3days.Kali Phos 6x daily night	Kp6x agg so stopped immediately.
3\10\2012	Sulphur 3x for one day only bell 6c to continue for 3days	Better
10\10\2012	Rhus tox 6c od\3days	Restlessness reduced
25\10\2012	Carcinosin 30 od \1day for sleep disorders. Occasional doses of Bell 6c repeated according to the need.	Came to clinic responded to Doctors questions, was clean shaven willing to go to a Family get together. Asked for food spoke two words not legible yet, like" mother food". Restlessness reduced, sleeps at 12.00Am. Not much defiant, gave hand shake and smiled.
20\11\2012	Zincum met 6c od\3days.	Carcinocin aggravated and reduced by bell 6c occasional doses. Treated symptomatically.

Autism Treatment Evaluation Checklist Score is 71\180 after 4 months of Homoeopathic treatment, unfortunately Baseline ATEC score is not available now, but further reviews will be helpful.

Among the half a dozen of Autistic cases treated with success in improving the quality of Child's as well as Parents daily lives, this case showed significant response within a month. Still People are not aware of the tremendous benefits of Homoeopathic treatment in turning around the problem child to an angel with Remedies. Homoeopaths should come out and explain the benefits of Homoeopathic treatment to parents of Autistic Children, who are having so much accommodative difficulties due to the different needs of those children. Literally major part of their waking hours will be spent to take the child for different therapies and are not sure whether they can sleep that night peacefully. There should be a Mandatory inclusion of Homoeopath alongside Speech and Language therapists, Occupational therapist, Psychologist, Special Educators and Counsellors. Other therapies help the Parents to Cope up with the Problem on hand but Homoeopathy is the solution to that Problem.