

### Managing Autistic Child's Behaviors and Problems.

Autistic Children have lots of unwarranted problems and they are not able to communicate to their Parents either. Dealing these children is very taxing, always on edge job and overwhelming as well. To handle such a child knowing what is normal of such a child will help greatly. In Western countries it is so easy to get Support groups and it is not yet so easy especially in Small towns here.

- Few tips:
- Visit websites specially created for Autism and Resource sites will help you a lot.
- Self-help books on this subject will help to recognise the **special needs** of your child.
- Be Patient and try to control feelings of self-pity. Talking to a family member, a good friend or a therapist will help to overcome emotional exhaustion.
- At times be firm to tell your child to do a thing or not to do without losing your cool.
- Throwing tantrums, screaming, banging doors are very annoying and may get on your nerves. Remembering that the child is not doing it purposefully or thinking it is a symptom and the child is as helpless as we in this matter may help to relieve your tension temporarily.
- Tuning the child time again and every time is essential even though they seem be on their own terms.
- Try to communicate most effectively to the child.
- Have a Team of family members to who will chip in when you are Exhausted. Take turns to look after poorly sleeping child at nights.
- Take the child to public places or Functions with all expected trouble shooting props in place. Never leave the child alone or in care of stranger to the child.
- **Homoeopathy** is very very effective in tackling problems of all symptoms like **sleeplessness, Restlessness, extreme sensitivity** apart from overall improvement in **Gastric related troubles**.