

## Sarcodes as Palliative drugs in Clinical practice

As a clinician we focus on curing the case and Homoeopathically cure is much more than just maintaining no disease in the body. It is procuring Homeostasis according to WHO's definition of health and preparing this instrument of vital force, the physical body for higher purposes of existence.

Being classical in the sense I give patient's well being atmost preference and use all varieties of ways to reach that without mixing a number of medicines which are known to affect that particular part. I prefer to give one drug at a time one dose only then if suitable repeated as the case demands. Phase remedies are used for acute troubles in a chronic case and constitutional drug to complete cure, palliative treatment is for severe symptoms appearing and for incurable cases- Biochemics or short acting drugs are used, Sarcodes came to me as a cure completing and maintaining drugs and its pretty easier to choose a Sarcode comparatively as our body has only limited number of Hormones. Usual brunt bearers of consequences of stress and life style related troubles are Thyroid, gonads and adrenalins, pituitary comes later in the course. The commonest being pancreas(Diabetes).

Causation: Ofcourse the bussword "Stress" is the culprit I don't want to go deeper in to the subject. But when compared to our ancestors i.e pioneers of homoeopathy 200 years older ,we are dealing with more complexities less amount of active infections due to early antibiotic interference, disorders are more on emotional, psychosomatic and Endocrinal plane , layered diseases than simple straight forward diseases. So we need more tools to handle all upcoming challenges in the case.

For a easy study I want to categorize my cases according to Sarcodes I use in the order of priority. I will start with thyroid the most sought after gland of our miraculous machine.

Thyroidinum :

I use it in all potencies from 3x till 1M, 3x or 6x is almost routine for obesity, family history or active hypothyroid cases. It has a potential of replacing allopathic eltroxin but if you do not complete cure with constitutional drugs patient may turn up again after 6 months or one year. Usually I give a bottle of 100 pills to them that is for 3 months of daily 1 tablet and rarely repeat it. One dose is enough for thyroid balance along with constitutional treatment .But before that I check each one individually for compatibility. They take it for 10 days and if no adverse reaction like drowsiness, lack of energy, headache, irritability etc are shown I suggest them to continue with it.

Case I :

A Girl of 22yrs treated for irregular periods with the afore said procedure along with calc carb 30 till 10M in increasing potency regularly has given birth to a baby boy normally . Her menses is regular till now that is after 5years .Her mother was treated by me for HT& DM after removing her uterus at the age of 43yrs.She also responded very well to thyroidinum as her daughter has Hypothyroid state even though no family history has been obtained. In this case Daughters disorder gave the clue for

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her Mother's wellbeing. For Menopausal troubles Borieke recommends Oophorium and I applied that theory in this lady's case with Ovaries 3x daily doses , which gave wonderful results.

A lady of 32years of age suffering from Hyperthyroidism was cured of her state along with associated symptoms with thyroidinum 30 & 200 at weekly intervals and her children responded well to calc carb and calc iod alongside Thyroidinum at regular intervals.

### Case 2 :

A man of 27years ,a case of wheezing which prevented him from sleeping was better by sitting and walking slowly along with nose block and sneezing aggravation at 3 to 5 AM responded to Thyroidinum as Similimum .After nearly one year he came back with slight aggravation which got better by Thyroidinum 200 repetition.

Symptoms taken were his excessively Thin built , drenching sweats, Sweating in palms and legs, desires sweets.

Case 3: A man of 58 yrs retired from govt service, came to me with all test reports which showed cardiomegaly with inferior lateral ischemia left thalamic infarct ,Diagnosed as Lunar syndrome ,a known smoker for 45 years with hyperthyroid state for 10 years. He had drenching sweats palpitations consistent weight loss, gastric disorders etc. After working on the symptoms I gave him Tabacum 6th potency of daily doses along with Thyroidinum 1M for hyperthyroidism ,now after a gap of more than 3 years he came for other complaints .All other parameters are normal now, he has put on some weight and he is getting symptomatic treatment .

### Cholestrinum :

This is a remedy of par excellence in cases of liver damage and cholesterol imbalance after testing compatibility, prescribed for three months in 3x potency .it improves HDL and lowers LDL.

### Case 1 :

A lady of 56 yrs has neck pain radiating to her left arm, burning in stomach with high BP, is on cholestrinum 3 x daily which has controlled her cholesterol levels apart from improving her liver functions.

### Case 2 :

Lady of 53 yrs working in a Lab has eczema on her dorsum of her foot is under homeo care ,is also on cholestrinum 3x due to the fact that she has xanthelesma fat pads of yellowish color under her eyes which clearly shows that her liver is malfunctioning, has improved considerably along with her constitutional remedies.

### Insulin :

A girl of 19 yrs diagnosed as PCOD, was on Thyroidinum 3x for her obesity ,sweating of palms and legs, desires sweets etc. But desired results are not obtained. Casually she told me about her stress induced diabetes during her higher secondary exams which normalised after her exams, this led me

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to prescribe insulin 200 single dose at monthly basis, which propelled tremendous progress. She is on ovaries 3x daily but no thyroidinum, occasionally she received pituitarin 30 and 200.Folliculinum 200 again a sarcode helped her in the due course .

Case 2 :Again a girl of 21 years came to me for irregular menses diagnosed as PCOD along with GH deficiency received Ovaries 3x daily doses along with constitutional remedies did not improve as expected .Tuberculinum a nosode helped clear the blockade and now she is on Insulin 200 single dose on the basis of Family history.

A lady of 60 yrs is on insulin 6x on daily basis for her impaired sugar tolerance diagnosed in 2000 is doing well with other phase remedies.

Adrenaline:

This case may interest you as this gentlemen of 67 yrs has diabetes ,HT, cholestrol imbalance as well CAD or reduce blood flow to the heart itself. Apart from the stressful life and his attributes he is a chronic smoker and had tobacco chewing habit. So his complaints are taken care of in a as piece meal fashion , his uncontrolled |DM received insulin 6x along with uranium nit 6x HT is relieved with Adrenaline 3x cholesterol balanced with cholestrinum along with indicated remedies .He is not relieved with strongest dosage of allopathic drugs even thrice a day, still my dream of relieving his blockages in heart vessels shattered as he hurried to get his BYPASS surgery done ,but he recovered splendidly due to homeopathic post operation support a miracle which will go unnoticed.

**Finally following points have to be always kept in mind.**

**Case taking is the most important in arriving at Similimum or correct Remedy.**

**In a case of HT in a young lady I noticed that her Hypothyroidism has been treated (cured) previously, so I introduced Thyroidinum 3x for a course of time and all her troubles were addressed appropriately. Now after 3 years there is no HT or Thyroid troubles noticed.**

**So, History of suppression is very important and all Endocrinal disorders are inter convertibles.The manifestations depend on the Patients susceptibilities. So, wholistic approach is vital in all cases**

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